

**PREP SCHOOL CLUBS AND ACTIVITIES INFORMATION SHEET  
LENT TERM 2022**

**YEAR 3**

Running Club	<b>4.00-5.00pm, Monday</b> By invitation only. Running club on Friday afternoons is open to all.
Football Club	<b>4.00-5.00pm, Monday</b> Come and work on your football skills with the boys and girls HG games staff with sessions led by ex-pro Mr Davisson.
Yoga	<b>4.00-5.00pm, Tuesday</b> Please see attached information from YogiTribe. Cost £72 per term.
Spanish Club	<b>4.00-5.00pm, Tuesday</b> Whether Spanish is a new language for you, or you already have some experience come along and learn more in a fun environment with Mrs Willis.
Cricket Club	<b>4.00-5.00pm, Tuesday</b> Making use of our outstanding net facility. The club will be open to boys and girls in all years who wish to improve their batting and bowling specifically. Both softball and hardball training will be available depending on age and preference.
Puzzle and Lego Club	<b>4.00-5.00pm, Wednesday</b> Do you like being challenged? Do you keep going when things get tough? Have fun developing your problem-solving skills by completing puzzle challenges and completing you own Lego creations.
Gardening Club	<b>4.00-5.00pm, Wednesday (second half of term only)</b> Our green-fingered pupils will enjoy gardening activities and learn new skills as they help to enhance our school environment.
Golf Club	<b>4.00-5.00pm, Wednesday</b> Try golf in a different way! Movement based games to build the whole athlete not just the golfer. Sessions will incorporate – movement exercises, golf games, golf swing technical advice, putting, chipping, irons and woods and fun competitions throughout. External club with Mark Janes Golf Academy. Cost £72 per term.
Matches	<b>Pick Up 4.00/4.30pm, Thursday</b> There are occasional fixtures at other times; there is no need to book as all pupils will be involved! However, see the school calendar, notice boards for details; keep an eye out for the team sheets and good luck! #GoTeamHG!
Movie Club	<b>4.00-5.00pm, Friday</b> A chance to relax, colour in and watch a movie
Ballet	<b>4.00-4.40pm Friday</b> A continuation of D2dance Academy's popular Ballet Club at Hilden Grange. More details to follow for those participating with a request for payment.
Running	<b>4.00-5.00pm, Friday</b> Mrs Hatcher's running club is for everyone. If you are a keen runner and would like to 'train' for cross-country and fun run style events, then this club is for you. Alternatively, if you are new to running or would just like to be

	<p>more active and improve your fitness levels then please come along and we will help you get more confident in your running. This will also be excellent winter training for those hoping to have a successful sprint season in the summer. We will do long runs, short repetition work and relay type training. No two sessions are the same!</p>
Fencing	<p><b>4.00-4.45pm, Friday</b>  Midi-fence teaches all basics of fencing in a fun way that maximises the amount of time with sword in hand. We use foam swords which are sanitised after each session and we are asking parents to purchase the midi-fencing mask, which the students get to keep and bring to each session. The cost for this term is £8.00 per session + £35.00 for the midi fencing mask.</p>
Late Room	<p><b>4.00-5.00pm – Monday – Friday</b>  Children may be collected at any time between 4.10 pm-5.00pm and will be able to read quietly or start their homework.</p>

## YEAR 4

Running Club	<b>4.00-5.00pm, Monday</b> By invitation only. Running club on Friday afternoons is open to all.
Football Club	<b>4.00-5.00pm, Monday</b> Come and work on your football skills with the boys and girls HG games staff with sessions led by ex-pro Mr Davisson.
Spanish Club	<b>4.00-5.00pm, Tuesday</b> Whether Spanish is a new language for you, or you already have some experience come along and learn more in a fun environment with Mrs Willis.
Yoga	<b>4.00-5.00pm, Tuesday</b> Please see attached information from YogiTribe. Cost £72 per term.
Cricket Club	<b>4.00-5.00pm, Tuesday</b> Making use of our outstanding net facility. The club will be open to boys and girls in all years who wish to improve their batting and bowling specifically. Both softball and hardball training will be available depending on age and preference.
Puzzle and Lego Club	<b>4.00-5.00pm, Wednesday</b> Do you like being challenged? Do you keep going when things get tough? Have fun developing your problem-solving skills by completing puzzle challenges and completing you own Lego creations.
Gardening Club	<b>4.00-5.00pm, Wednesday (second half of term only)</b> Our green-fingered pupils will enjoy gardening activities and learn new skills as they help to enhance our school environment.
Golf Club	<b>4.00-5.00pm, Wednesday</b> Try golf in a different way! Movement based games to build the whole athlete not just the golfer. Sessions will incorporate – movement exercises, golf games, golf swing technical advice, putting, chipping, irons and woods and fun competitions throughout. External club with Mark Janes Golf Academy. Cost £72 per term.
Matches	<b>Pick Up 4.00/4.30pm, Thursday</b> There are occasional fixtures at other times; there is no need to book as all pupils will be involved! However, see the school calendar, notice boards for details; keep an eye out for the team sheets and good luck! #GoTeamHG!
Movie Club	<b>4.00-5.00pm, Friday</b> A chance to relax, colour in and watch a movie
Ballet	<b>4.00-4.40pm Friday</b> A continuation of D2dance Academy's popular Ballet Club at Hilden Grange. More details to follow for those participating with a request for payment.
Running	<b>4.00-5.00pm, Friday</b> Mrs Hatcher's running club is for everyone. If you are a keen runner and would like to 'train' for cross-country and fun run style events, then this club is for you. Alternatively, if you are new to running or would just like to be more active and improve your fitness levels then please come along and we will help you get more confident in your running. This will also be excellent winter training for those hoping to have a successful sprint season in the

	summer. We will do long runs, short repetition work and relay type training. No two sessions are the same!
Fencing	<b>4.00-4.45pm, Friday</b> Midi-fence teaches all basics of fencing in a fun way that maximises the amount of time with sword in hand. We use foam swords which are sanitised after each session and we are asking parents to purchase the midi-fencing mask, which the students get to keep and bring to each session. The cost for this term is £8.00 per session + £35.00 for the midi fencing mask.
Late Room	<b>4.00-5.00pm – Monday – Friday</b> Children may be collected at any time between 4.10 pm-5.00pm and will be able to read quietly or start their homework.

**YEAR 5**

Football Club	<b>4.00-5.00pm, Monday</b> Come and work on your football skills with the boys and girls HG games staff with sessions led by ex-pro Mr Davisson.
Green Team	<b>4.00-5.00pm, Tuesday</b> An Eco Club - We would look at the broader issues of how we effect the environment and how we as pupils, staff and the school community can make a difference to our school and wider environment.
Matches	<b>Pick Up 5.00/5.30pm, Wednesday</b> There are occasional fixtures at other times; there is no need to book as all pupils will be involved! However, see the school calendar, notice boards for details; keep an eye out for the team sheets and good luck! #GoTeamHG!
Puzzle and Lego Club	<b>4.00-5.00pm, Thursday</b> Do you like being challenged? Do you keep going when things get tough? Have fun developing your problem-solving skills by completing puzzle challenges and completing you own Lego creations.
Yoga	<b>4.00-5.00pm, Thursday</b> Please see attached information from YogiTribe. Cost £72 per term.
Scrabble Club	<b>4.00-5.00pm, Friday</b> Originally called Criss Cross, the game, which was based on the crossword puzzle and anagrams, was developed 1931. It was redesigned, renamed as Scrabble in 1948. It was first sold in Great Britain in 1954. Fancy bending your brain after School? Come to Scrabble Club with Mrs White.
Cricket Nets	<b>4.00-5.00pm, Friday (second half of term only)</b> Come and make use of HG's state of the art outdoor nets and get some practice in before the season starts. Sessions led by HG'S own boys and girls games staff. <b>Please note this is a hard ball club.</b>
Running Club	<b>4.00-5.00pm, Friday</b> Mrs Hatcher's running club is for everyone. If you are a keen runner and would like to 'train' for cross-country and fun run style events, then this club is for you. Alternatively, if you are new to running or would just like to be more active and improve your fitness levels then please come along and we will help you get more confident in your running. This will also be excellent winter training for those hoping to have a successful sprint season in the summer. We will do long runs, short repetition work and relay type training. No two sessions are the same!
Fencing	<b>4.45-5.30pm, Friday</b> The students continue to improve their fencing technique and start using metal swords and start using steam and electric kit. Kit is provided by us, but we do suggest students consider purchasing their own electric sabre glove (£47.52). The cost for this term is £8.00 per session.
Late Room	<b>4.00-5.00pm – Monday – Friday</b> Children may be collected at any time between 4.10 pm-5.00pm and will be able to read quietly or start their homework.

**YEAR 6**

Basketball Club	<b>4.00-5.00pm, Monday</b> One of the most popular games on the planet, come along to improve your skills and have some fun.
Green Team	<b>4.00-5.00pm, Tuesday</b> An Eco Club - We would look at the broader issues of how we effect the environment and how we as pupils, staff and the school community can make a difference to our school and wider environment.
Matches	<b>Pick Up 5.00/5.30pm, Wednesday</b> There are occasional fixtures at other times; there is no need to book as all pupils will be involved! However, see the school calendar, notice boards for details; keep an eye out for the team sheets and good luck! #GoTeamHG!
Mad Science Club	<b>4.00-5.00pm, Thursday</b> A chance to go 'off-syllabus' to explore some of the quirkier aspects of Science in this fun and 'hands-on' club – you don't have to be mad, but if you are it helps!
Yoga	<b>4.00-5.00pm, Thursday</b> Please see attached information from YogiTribe. Cost £72 per term.
Scrabble Club	<b>4.00-5.00pm, Friday</b> Originally called Criss Cross, the game, which was based on the crossword puzzle and anagrams, was developed 1931. It was redesigned, renamed as Scrabble in 1948. It was first sold in Great Britain in 1954. Fancy bending your brain after School? Come to Scrabble Club with Miss Napodano.
Cricket Nets	<b>4.00-5.00pm, Friday</b> Come and make use of HG's state of the art outdoor nets and get some practice in before the season starts. Sessions led by HG'S own boys and girls games staff. <b>Please note this is a hard ball club.</b>
Running Club	<b>4.00-5.00pm, Friday</b> Mrs Hatcher's running club is for everyone. If you are a keen runner and would like to 'train' for cross-country and fun run style events, then this club is for you. Alternatively, if you are new to running or would just like to be more active and improve your fitness levels then please come along and we will help you get more confident in your running. This will also be excellent winter training for those hoping to have a successful sprint season in the summer. We will do long runs, short repetition work and relay type training. No two sessions are the same!
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## YEARS 7 & 8

Basketball Club	<b>4.00-5.00pm, Monday</b>
Chess Club	<b>4.00-5.00pm, Tuesday</b> Whether you are an experienced player or new to the game, this is the club for you.
Matches	<b>Pick Up 5.00/5.30pm, Wednesday</b> There are occasional fixtures at other times; there is no need to book as all pupils will be involved! However, see the school calendar, notice boards for details; keep an eye out for the team sheets and good luck! #GoTeamHG!
Debating Club	<b>4.00-5.00pm, Thursday</b> Debating Society will give you an opportunity to air your views and have an opinion!
Yoga	<b>4.00-5.00pm, Thursday</b> Please see attached information from YogiTribe.
Revision/Homework	<b>4.00-5.00pm, Friday</b> Catch up on work or get started on the weekend's homework in a proper academic environment.
Cricket Nets	<b>4.00-5.00pm, Friday</b> Come and make use of HG's state of the art outdoor nets and get some practice in before the season starts. Sessions led by HG'S own boys and girls games staff. <b>Please note this is a hard ball club.</b>
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